



Q: ARE THE TIMBERS & THORNS CAMPS BOTH FOR BOYS AND GIRLS?

A: BOTH CAMPS ARE OPEN TO EVERYONE. THE DAY CAMPS ARE NOT DIVIDED BY GENDER. THE OVERNIGHT RESIDENTIAL CAMPS ARE SEPARATE - DIVIDED BY BOYS AND GIRLS, AND HOSTED ON DIFFERENT DATES.

Q: HOW DO THE TIMBERS CAMPS DIFFER FROM THE THORNS CAMPS?

A: BOTH CAMP OPTIONS ARE STRUCTURED THE SAME, AND USE THE SAME CURRICULUM.

TIMBERS CAMPERS WILL RECEIVE TIMBERS CAMP T-SHIRT AND WILL HAVE A POSSIBLE APPEARANCE FROM A TIMBERS PLAYER AT SOME POINT DURING THE WEEK, WHILE THORNS CAMPERS WILL RECEIVE A THORNS CAMP T-SHIRT AND WILL HAVE A POSSIBLE APPEARANCE FROM A THORNS PLAYER OR COACH AT SOME POINT DURING THE WEEK.

Q: PLAYER APPEARANCES?

A: ONLY PORTLAND-AREA CAMPS ARE SUBJECT TO A POSSIBLE VISIT FROM A TIMBERS, TIMBERS 2, OR THORNS PLAYER. DUE TO TEAM TRAVEL AND TRAINING SCHEDULES, WE MAY NOT BE ABLE TO GUARANTEE AN APPEARANCE.

Q: HOW ARE THE TIMBERS & THORNS CAMPS STRUCTURED? (FULL DAY VS. HALF DAY)

A: **FULL-DAY CAMPS TYPICALLY RUN 9AM-3PM, WITH A 1-HOUR LUNCH.

**HALF-DAY CAMPS RUN 9AM-12PM AND HAVE A SUPERVISED SNACK BREAK IN THE MIDDLE OF THE SESSION.

ALL CAMPS ARE HALF-DAYS ON FRIDAYS.

OUR STAFF WILL DIVIDE CAMPERS INTO GROUPS BASED ON AGE/GRADE LEVEL. EACH COACH WILL FOCUS ON A DIFFERENT SKILL FOR THE DURATION OF CAMP USING A VARIETY OF FUN ACTIVITIES. THROUGHOUT THE DAY, EACH AGE GROUP WILL ROTATE TO A DIFFERENT COACH EVERY 25-30 MINUTES.

Q: DO I NEED TO PACK A SNACK/LUNCH?

A: YES. PLEASE PACK A SACK LUNCH EVERY DAY FOR FULL-DAY CAMPS. LUNCH IS 12-1PM AND SUPERVISED BY TIMBERS CAMP STAFF. FOR HALF-DAY CAMPS, PLEASE PACK A LIGHT SNACK. CAMPERS WILL HAVE A SHORT 10-15 MINUTE SNACK BREAK HALF-WAY THROUGH THE MORNING SESSION.



Q: IS WATER AVAILABLE AT CAMP?

A: YES, THE TIMBERS STAFF WILL PROVIDE WATER AT EVERY CAMP. WE TAKE WATER BREAKS AFTER EVERY STATION AND LET CAMPERS GET A DRINK WHENEVER THEY ASK. WE MAKE SURE TO IMPLEMENT MORE FREQUENT WATER BREAKS DURING WARMER WEATHER.

Q: CAN I PICK MY CHILD UP FOR THE LUNCH HOUR?

A: YES, BUT YOU WILL NEED TO CHECK OUT WITH THE CAMP DIRECTOR FIRST (WITH ID), AND CHECK BACK IN WITH THEM WHEN YOU RETURN. PLEASE NOTIFY OUR STAFF AT THE BEGINNING OF THE DAY IF YOU PLAN ON DOING THIS.

Q: ARE PARENTS ALLOWED TO STAY AT CAMP TO WATCH?

A: DEFINITELY! IF CAMP IS LOCATED AT PROVIDENCE PARK, OUR EVENT STAFF WILL DIRECT SPECTATORS TO A SPECIFIC SEATING SECTION. WE ASK PARENTS OR ANYONE OTHER THAN TIMBERS STAFF AND CAMPERS TO PLEASE STAY OFF THE FIELD. OUR STAFF IS HAPPY TO ESCORT CHILDREN TO THE FIELD TO HELP THEM FIND A PLACE FOR THEIR BAGS. AT OTHER CAMPS WE ASK PARENTS TO STAY OFF FIELD.

Q: WHAT DO I NEED TO BRING TO CAMP?

A:

- 1) WEATHER APPROPRIATE/ATHLETIC CLOTHING (RAIN JACKET, HAT/GLOVES, EXTRA DRY CLOTHES IN CASE OF HEAVY RAIN, ETC.)
- 2) SOCCER BALL
- 3) SHIN-GUARDS AND APPROPRIATE SHOES (ATHLETIC/INDOOR SHOES FOR INDOOR CAMPS & CLEATS FOR OUTDOOR CAMPS)
- 4) A FILLED WATER BOTTLE (MAYBE EVEN 2)
- 5) A SNACK (ALL PLAYERS) + LUNCH (FULL-DAY PLAYERS)
- 6) LOTS OF ENERGY!

Q: DO TIMBERS CAMPS HAVE A LOST-AND-FOUND?

A: YES. IF YOUR ITEM WAS PICKED UP DURING THE WEEK AT CAMP, THE STAFF WILL BRING IT BACK TO CAMP THE NEXT DAY. IF YOU REALIZE YOU LEFT AN ITEM AND CAMP HAS CONCLUDED FOR THE WEEK, PLEASE EMAIL CAMP@TIMBERS.COM TO INQUIRE ABOUT YOUR LOST ITEM.



Q: WHAT TIME IS CHECK-IN? DO YOU OFFER ADDITIONAL HOURS BEFORE OR AFTER CAMP?

A: TYPICALLY, CHECK-IN FOR CAMP BEGINS A HALF-HOUR BEFORE THE LISTED START TIME. WE DO NOT OFFER BEFORE OR AFTER CARE AT OUR CAMPS.

Q: WHAT IF I WANT TO CARPOOL OR HAVE SOMEONE OTHER THAN MYSELF PICK MY CHILD UP FROM CAMP?

A: WE WILL BE CHECKING I.D. OF EVERYONE WHO'S PICKING UP A CAMPER. THERE IS A SPOT DURING REGISTRATION TO LIST FIRST AND LAST NAME (INCLUDING PARENTS) OF WHO WILL BE PICKING UP DURING THE WEEK. THEY WILL NEED TO BRING A PHOTO ID WITH THEM TO CHECK THE PLAYER OUT EVERY DAY. IF THEY AREN'T ON THE LIST WE WILL NEED TO MAKE A PHONE CALL BEFORE THE PLAYER CAN LEAVE.

Q: HOW DO I ACCESS A CAMP RECEIPT AND TAX ID #?

A: TO ACCESS A CAMP RECEIPT YOU CAN LOG BACK INTO YOUR STACK SPORTS ACCOUNT, THE SAME ACCOUNT YOU REGISTERED FOR CAMP WITH. AFTER YOU LOG IN CLICK ON "PAST REGISTRATIONS," AND THAT WILL TAKE BRING YOU TO YOUR RECEIPT.

IF YOU ARE IN NEED OF A TAX ID #, IT IS 36-4652297.

Q: WHAT IS YOUR REFUND POLICY?

A: WE OFFER FULL REFUNDS TO REQUESTS THAT ARE MADE 7 DAYS PRIOR TO THE START DATE OF YOUR CAMP. ANY REQUEST MADE AFTER THIS IS SUBJECT TO A \$25.00 PROCESSING AND ADMINISTRATION FEE.

A: WE DO NOT OFFER REFUNDS FOR ACTS OF NATURE THAT CANCEL OR REDUCE CAMP TIME. SOME EXAMPLES OF THIS INCLUDE, BUT ARE NOT LIMITED TO:

- SMOKE/HAZE
- HIGH WINDS
- LIGHTNING
- EXTREME HEAT
- HAIL OR HEAVY RAIN



Q: WHAT IS YOUR HEAT POLICY?

A: IF THE HEAT INDEX RISES TO EXTREME OR DANGEROUS LEVELS, THE CAMP PROGRAM WILL BE ADJUSTED ACCORDINGLY. IN ADDITION, THE FOLLOWING HEAT INDEX GUIDELINES ARE ADHERED TO ON ALL CAMP PROGRAMS:

Heat Index	Action
Light Orange	Training conditions are acceptable, use normal rehydration and activity duration principles. Fatigue is possible with prolonged exposure and/or physical activity.
Yellow	Use caution with young and sensitive groups. Modify frequency of water breaks if needed, take breaks in shade. Sunstroke, muscle cramps, and/or heat exhaustion possible with prolonged exposure and/or physical activity.
Orange	Training sessions should be shortened and intensity levels modified. Sunstroke, muscle cramps, and/or heat exhaustion likely. Heatstroke possible with prolonged exposure and/or physical activity. Training sessions for young and sensitive groups should be canceled.
Red	Training should be canceled for all ages. Heat stroke likely.

IN THE EVENT THAT A CAMP IS MODIFIED OR CANCELED YOU WILL BE NOTIFIED ACCORDINGLY.

DETAILS OF THE HEAT INDEX CAN BE FOUND AT -
<https://www.wrh.noaa.gov/psr/general/safety/heat/heatindex.png>

Q: HOW DO I REGISTER?

A: WE ONLY ACCEPT ONLINE REGISTRATIONS. PLEASE CLICK ON THE “REGISTER NOW” LINK BESIDE ANY OF THE CAMP DESCRIPTIONS AND FOLLOW THE INSTRUCTIONS.

IF YOU COMPLETED REGISTRATION SUCCESSFULLY, YOU WILL RECEIVE A CONFIRMATION EMAIL.

THERE IS 1 PAYMENT OPTION AVAILABLE FOR DAY CAMPS: CREDIT /DEBIT CARD, THE CHARGE ON YOUR CREDIT CARD STATEMENT WILL APPEAR AS “PORTLAND TIMBERS.” YOU WILL MAKE THIS PAYMENT ON STACK SPORTS, OUR REGISTRATION SITE, WHEN YOU REGISTER.



Q: I DIDN'T RECEIVE A CONFIRMATION EMAIL, AM I REGISTERED?

A: YOUR REGISTRATION MAY NOT HAVE GONE THROUGH. TO INQUIRE WHETHER YOU ARE SUCCESSFULLY REGISTERED, PLEASE EMAIL **CAMPS@TIMBERS.COM**.

IF YOU HAVE OTHER QUESTIONS OR CONCERNS THAT WERE NOT ANSWERED IN THIS DOCUMENT PLEASE FEEL FREE TO REACH OUT TO THE EMAIL LISTED ABOVE.

PLEASE UNDERSTAND THAT DURING THE SUMMER MONTHS (JUNE – AUGUST) WE ARE EXTREMELY BUSY, AND WILL DO OUR BEST TO GET BACK TO YOU IN A TIMELY MANNER. WE APPRECIATE YOUR PATIENCE.