



PORTLAND THORNS FC

Portland Timbers and Thorns ODP Tryout Protocols



Objective: Create a safe and healthy environment for elite players to represent Oregon's Regional Training Center and Olympic Development Program that follows [U. S. Soccer](#), [OYSA](#) and [CDC guidelines](#).



Signs and Symptoms: If players or staff were exposed to someone with COVID 19 within the past 14 days prior to ODP Tryouts Dec. 5-6, they will not participate in tryouts. If during the tryout scheduled dates, players or staff demonstrate COVID 19 symptoms, it should be reported to Erik Lyslo. **There will not be any walk-up registration to ODP Tryouts. All players must be registered online before they can attend tryouts and parents have signed the Covid-19 waiver.**



Spectators: Spectators may drop off their player in the parking lot/field area but will not be allowed to observe tryouts at the fields. Staff will be very swift with moving parents who do not comply. Parents/guardians are asked to stay in their vehicles.



Drop off Procedures: All players will be required to wear a mask at all times (to the fields, on the field during play and leaving the fields). If a player does not have a mask, they will not be allowed to check-in and tryout.

Staff will greet and check-in players in an orderly, socially-distanced way. Cones will be laid out to form lines for check-in. All players will go through a temperature check and asked a series of questions.



Field Guidelines (Phase 1 and 2):

- All players will be required to check in with a staff member and attendance will be tracked for each session.
- All players will be required to wear a mask at all times.
- All players will place their bags and water at a cone that is placed 6 ft. from others. Staff will help with this.
- Hand sanitization areas will be located in the middle of the tryout area.



Phase 1 Tryout Structure Guidelines:

- There will be contact and game-type situations at tryouts. But social distancing is required at all times when players are not playing on the field.
- Players must maintain a 6 ft distance from other players at all times when players are not playing in game situations. Water breaks will be done consistently and slowly to maintain a 6 ft distance from others.
- Goalkeepers will work with their own ball in a separate area with goalkeeping staff.



Pick up Procedures: All players will be required keep their masks on until they reach their cars.

Staff will walk players to the parking lot exit point and make sure players find their rides.



Physical Interaction:

- Players and coaches should maintain a distance of 6 ft.
- Players and coaches will avoid physical contact, e.g. high fives, or passing objects by hand.
- Soccer balls may be shared, provided players only touch the ball with their feet.
- Kick-ins will be used rather than throw-ins.



For Parents and Guardians:

U.S. Soccer Recommendations

1. Parents and guardians should be thoroughly aware of all safety recommendations, and ensure their family follows them.
2. Parents and guardians should support the coach and organization in adhering to all safety recommendations.
3. Parents and guardians are not encouraged to attend training and should stay away from the training field.
 - a. Accompanying parents and guardians are encouraged to stay in their cars or depart the area while their child is training.
 - b. If necessary, the hosting organization may consider arranging a designated area for parents. However, this area should be carefully arranged to ensure all social distancing protocol is followed.
 - c. Note that anytime there is one coach alone with players, there should be one adult (designated parent or club staff) observing from a distance, in accordance with the Safe Soccer Framework and the U.S. Center for SafeSport policies and guidance.
4. Parents and guardians should not congregate together and should follow social distancing guidelines.
5. Parents or guardians should have the contact information of relevant staff.



Point of Contact: Please direct all questions, comments regarding ODP, RTC, and anything else to Erik Lyslo at elyslo@timbers.com, (971) 404 - 1574 .