



PORTLAND THORNS FC

Portland Thorns ODP Tryout Invite and Information 2004, 2005, 2006, 2007 Girls

Tryout Dates: August 15-16, Salem/Oregon - Capital Timbers Complex

Oregon Soccer Players,

On behalf of the Portland Thorns and Oregon Youth Soccer Association, you have been invited to tryout for the Portland Thorns Olympic Development Program, August 15-16, at the Capital Timbers Complex in Salem, Oregon. **Players can register for tryouts at registration.timbers.com and then clicking on ODP Tryouts.** Information on the ODP program is included below.

What is Portland Thorns Olympic Development Program (ODP)?

The Portland Thorns Olympic Development Program, in conjunction with Oregon Youth Soccer Association, is a program designed to identify the top youth players in the state of Oregon and Southwest Washington. The mission of the ODP program is to provide players with an opportunity to climb the elite soccer ladder by competing for ODP regional and national pool status along with college identification. In ODP programs throughout the country, youth players are chosen to represent their state association, region and ultimately, the United States in soccer competition. ODP teams are formed at the state association and regional levels, made up a number of the best players in various age groups. At the state level, pools of players are identified in each eligible age group and then brought together as a team to develop their skill through training and competition.

Through a collaborative effort between the Portland Thorns and OYSA, Oregon is a nationally recognized ODP program with a cutting-edge youth development system. Through ODP, players are given the opportunity to climb an integrated pathway to a higher-level of soccer by being identified by Regional, National, or Collegiate coaches.



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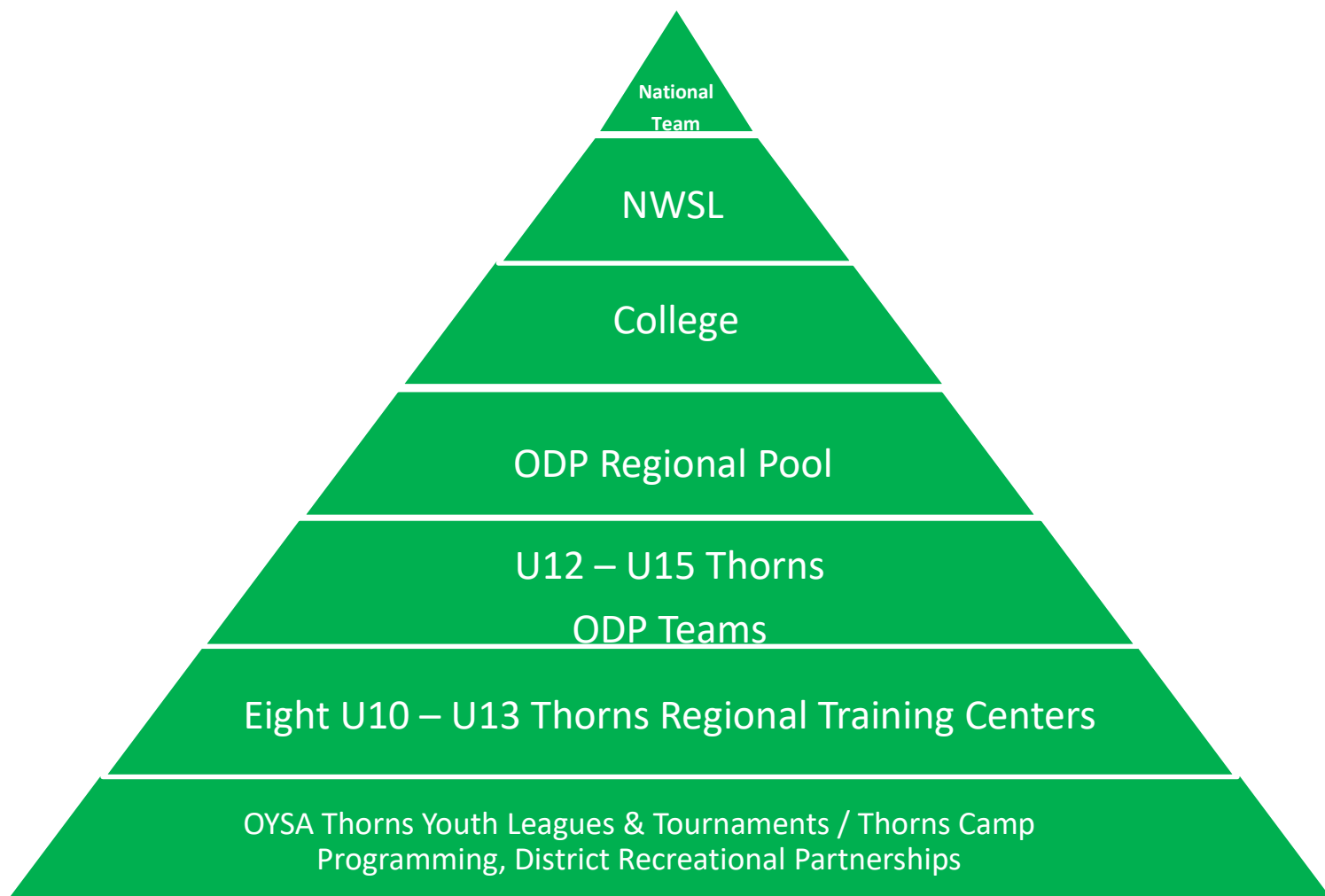
The principle Portland Thorns/OYSA ODP mission is to identify, evaluate, and provide more consistent training opportunities for the elite youth soccer players in Oregon. As part of the effort, the Portland Thorns ODP program is dedicated to helping develop the highest level of youth soccer in the state. This objective will be achieved in an atmosphere of integrity, fairness, and impartiality. The player's talent with a ball, their physical and cognitive skills, together with their attitude will be the criteria for entry into the program.



Why should I participate in Thorns ODP?

As talked about on the first page, there is a vertically integrated system in place for players to get to the level they want as a player. As shown below, the pyramid gives players the model for what they need to do and how they get there. The Thorns ODP program gives players the chance to continue to be identified by ODP regional and national staff while also creating a more competitive environment for players to compete and showcase their talent both here in Oregon and against states from all over the Western United States. Thorns ODP has seen more than 90 percent of past players move on to collegiate soccer along with many players who are playing professional soccer now including the Thorns first-team, Bella Geist.

Again, as shown below in our development pyramid below, you will see the suggested pathway for players in the Thorns program to get to the level they achieve. By challenging players in a competitive setting, we are giving players the chance to develop and improve, while creating an environment that challenges them to become better players and move up the pyramid. The ultimate goal as a youth player should be to play with the national team. But being realistic, there are many goals a player can achieve with ODP, Regional Pool and collegiate soccer. Within the ODP program, we will give as many players as possible, the opportunity to achieve their goal in the pyramid below.





PORTLAND THORNS FC

How each ODP Age Group is structured in 2020/21

Each ODP age group will be a stand-alone age group, meaning we keep pools of players in the 2004, 2005, 2006 and 2007 age groups. Players born in 2008-2011 will tryout for the Timbers RTC program in mid-August. Each age group will have their own coaching staff and schedule. Each pool will have roughly 25-35 players.

ODP Events We Participate In

ODP Regional Championships: One of the premier tournaments in the country, we send all of our ODP teams to Phoenix in January where they compete against the best ODP players from the other 13 Western States. The event is full of regional and national team scouts along with college coaches. Winners, in the past, have gone on to compete at ODP nationals.

Cal-South Friendly: One of the new events to ODP, if it works with our players and coaches club schedules, is the Cal-South Friendly in the February/March timeframe. ODP teams from around the country come into this event where they are evaluated by national team staff. We will look at this event closely again this year to see if it works with our schedule.

Timbers Friendship Cup: For 36 years now, the Friendship Cup remains one of the top ODP tournaments in the country. More than 100 teams participate each year and we host the event in our own backyard here in Portland. Regional staff is brought in to evaluate players and two years ago more than 50 college coaches were in attendance to scout players in our program.

ODP Regional Camp: If invited, ODP regional camp is the ultimate goal for a player. Players selected will have the opportunity to be selected to the ODP Regional Pool, made up of the top players in Region IV. Players in this program can travel with the Regional Pool on international trips and the experience is incredible. Oregon has hosted camp the last two years which makes this event much easier for our players with no travel costs involved.

Will there be a conflict with my Club Team or High School Team?

There are times when Club and ODP have events on the same dates, but it should be known that State ODP trumps Club activities unless noted differently by the ODP staff. With all this said, ODP does not replace your club team and the Thorns encourage players to play with their club teams or high school team if you are old enough. Club development is key for players when they are not exposed to ODP training. Through a collaborative effort, Thorns ODP and Clubs work together to eliminate most conflicts in the soccer schedule. The Thorns also allow players to be excused from ODP training if they are participating in a showcase tournament.

Thorns ODP Coaching

Any coach who becomes part of the Thorns ODP program has been hand-picked by the Thorns Youth Program. Our goal is to hire the most qualified coaches around the state to work with ODP players. Head coaches are recommended to have a USSF A or B license or professional experience and assistant coaches a USSF C license or professional experience. To ensure exposure to the collegiate level, we look to bring in one collegiate coach per team when possible. Head coaches and their info can be seen on the next page.



PORTLAND THORNS FC

Head Coaches

2004 Girls Head Coach

Oscar Monteblando

- USSF A licensed Coach
- Director of Coaching at Hillsboro Soccer Club
- Timbers ODP Staff Coach for more than 6 years.
- 2012 Timbers ODP Coach of the Year
- Former college coach at Warner Pacific College



2005 Girls Head Coach

Fraser Morrison

- USSF A licensed Coach
- Technical Director at Lake Oswego Soccer Club
- Former coach at West Ham United Football Club
- Head soccer coach at Lake Oswego High School



2006 Girls Head Coach

Angelo Sabblah

- UEFA B licensed Coach
- Staff Coach at PCU Soccer Club
- Timbers ODP staff coach for more than 6 years
- Former training player with Arsenal FC and West Ham
- Former DOC at Shooters Soccer Club in Utah



2007 Girls Head Coach

Wayne Hodges

- USSF C licensed Coach
- St. Mary's Academy head soccer coach
- Former staff coach at Charlton Athletic club in Spain
- Former semi-professional player in London
- Thorns ODP and RTC staff coach for more than 3 years



Thorns GK Director

Miguel Martin

- Former Timbers Academy GK staff coach
- Former Oregon ODP Regional goalkeeper
- Two-time Clark College NWAACC MVP
- Former Timbers Academy Player
- Two-time US national camp invitee





PORTLAND THORNS FC

What does each age group focus on?

Each age group will have a focus as shown below. Our staff coaches will focus on the below as much as they can to prepare players for what to expect at regional camp and beyond.

2004 and 2005 Age Group: Focus on functional play and team tactics.

High priority: Team possession; Roles of players within the team, offense v. defense (match-related), crossing and finishing (quality and timing), heading/attacking air balls, team defending and transition.

Lower priority: Individual skills should be addressed in warm-up.

Goalkeepers: Ball handling, breakaways, crosses, distribution, playing with feet, last defender.

2006 and 2007 Age Group: Focus on small group tactics and skills.

High priority: Team possession; quality of first touch, 2 and 3-person combination play; individual and small group defending (depth, balance, compactness, communication), transition.

Lower priority: Functional play, team play.

Goalkeepers: Handling, diving technique, decision-making, recovery, distribution. Field skills.

Cost of the Program

Below is a rough cost breakdown of what ODP will cost in 2020/21 season if players make a pool. Please know that players will not travel to every event below. Please also know we do everything in our power to help players get through the season. We offer scholarship money, we offer payment plans, working opportunities at Timber and Thorns camps and we do what we can to help players with financial difficulty get through and not be left behind.

ODP Tryouts: \$60 (All)

ODP State Fee/Uniform Fee (If you make the Pool): \$400

ODP Regional Championships: \$750-\$800 (18 players selected for each age group)

ODP Cal-South Tournament: TBA

ODP Timbers Friendship Cup: \$30 (All)

ODP Regional Camp: \$600 (Invite only for 03-06 Girls)

ODP Tryouts/Tournament Conflicts

ODP Tryouts will take place **August 15th and 16th in Salem, Oregon**. Over the last few years, a few tournaments around the state have moved their events to this same weekend. Our dates have been set for the last 20 years when it comes to ODP tryouts as we have to hold tryouts before the high school season begins in August. In most cases, most ODP players will not play in these tournaments, but for those that do, you will be required to be available for at least one of the tryout sessions in Salem. If you have a conflict or any other issue, please email me at elyslo@timbers.com and we will see if we can help. In some cases we will allow players to tryout at a later time.



PORTLAND THORNS FC

Timbers/Thorns 2020-21 ODP Schedule

ODP Schedule

| <u>Dates</u> | <u>Event</u> | <u>Time</u> | <u>Location</u> |
|------------------|----------------------------|-------------|-------------------------|
| August 15-16 | ODP Tryouts (04-07) | TBA | Capital Timbers Complex |
| *November 28-29 | ODP Tryouts (08-09) | TBA | Portland Area/TBA |
| November 28-29 | ODP Training (04-07) | TBA | Portland Area/TBA |
| *December 5-6 | ODP Tryouts (08-09) | TBA | Portland Area/TBA |
| December 5-6 | ODP Training (04-07) | TBA | Portland Area/TBA |
| December 12-13 | ODP Training (04-09) | TBA | Portland Area/TBA |
| December 19-20 | ODP Training (04-09) | TBA | Portland Area/TBA |
| January 2-3 | ODP Training (04-09) | TBA | Portland Area/TBA |
| January 8-11 | ODP Championships (04-09) | | Phoenix, Arizona |
| January/February | Cal-North Friendly (08-09) | | San Jose, California |
| **February/March | Cal-South Friendly (04-07) | | Southern California |
| #March 20-21 | RTC Tournament (09-11) | | Eugene, Oregon |
| May 8-9 | ODP Training (04-10) | TBA | Portland Area/TBA |
| May 15-16 | ODP Training (04-10) | TBA | Portland Area/TBA |
| May 21-24 | Timbers Friendship Cup | TBA | Beaverton, Oregon |
| ##June/July | ODP Regional Camp | TBA | McMinnville, Oregon |

Schedule is always subject to change as new events are presented to us.

*The tryouts in late November and early December are state pool tryouts for the 08's who have been involved in RTC. The 09 tryouts are for the Regional Championship roster only. Those players go back to RTC training after the Phoenix event.

**The Cal-South event is a new event and we would only attend if timing worked with our players and coaches and their club schedules.

#The RTC Tournament is a tryout for the 09 and 10 ODP pools. ODP coaches for those age groups would be required to be in attendance.

##ODP Regional Camp is by invite only for players, not coaches. Coaches do not attend camp.

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Darren Lilla ODP Girls Head Coach

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How do I register for tryouts?

The registration process for tryouts is simple – go to registration.timbers.com and find the ODP Tryout section. All tryout registration can be done online. We hope to see you in August and don't hesitate to ask if you have any questions.